



PRACTICE SET

End Semester Examination, Dec 2025

Program: BPT

Semester: I

Subject: Psychology

Subject Code: 23A103

COURSE OUTCOMES

At the end of the course, the candidate will be able

- CO1 Understanding the principles, theories, and concepts of Human Psychology.**
- CO2 Summarizing the concepts of abnormalities and diseases of human psychology.**
- CO3 Apply the principles of psychology in clinical decision-making.**
- CO4 Demonstrating the concepts of social psychology and its impact on health.**

SECTION A

(24 × 5 = 120 Marks)

1. Define Psychology.[CO1] [Unit 1] [Remember] [LOT]
2. Describe the Structuralist School of Psychology. [CO1] [Unit 1] [Understand] [LOT]
3. Explain the Introspection Method. [CO1] [Unit 1] [Understand] [LOT]
4. State the significance of studying Psychology in Physiotherapy. [CO1] [Unit 1] [Understand] [LOT]
5. Define Growth and Development. [CO1] [Unit 2] [Remember] [LOT]

6. Identify any two characteristics of Growth and Development. [CO1] [Unit 2] [Remember] [LOT]
7. Brief the Theories of Emotion. [CO2] [Unit 3] [Remember] [LOT]
8. What is Illusion? Provide an example. [CO2] [Unit 3] [Remember] [LOT]
9. Define Motivation. [CO2] [Unit 4] [Remember] [LOT]
10. Explain the Trial-and-Error Theory of Learning. [CO2] [Unit 4] [Understand] [LOT]
11. Define Intelligence.[CO2] [Unit 4] [Remember] [LOT]
12. What is IQ? [CO2] [Unit 4] [Remember] [LOT]
13. Describe the application of learning principles in physiotherapy practice. [CO2] [Unit 4] [Understand] [LOT]
14. Define Frustration. [CO3] [Unit 5] [Remember] [LOT]
15. Define Personality. [CO3] [Unit 6] [Remember] [LOT]
16. What are Defense Mechanisms? [CO3] [Unit 6] [Remember] [LOT]
17. Define Leadership. [CO4] [Unit 7] [Remember] [LOT]
18. What is Attitude Formation? [CO4] [Unit 7] [Remember] [LOT]
19. What is Clinical Psychology? [CO4] [Unit 8] [Remember] [LOT]
20. Define Psychotherapy.[CO4] [Unit 8] [Remember] [LOT]
21. Write a short note on stress. [CO3] [Unit 5] [Remember] [LOT]
22. Define Defense Mechanism – Projection. [CO3] [Unit 6] [Remember] [LOT]
23. Define Group Therapy. [CO4] [Unit 8] [Remember] [LOT]
24. What is Self-Management? [CO4] [Unit 8] [Remember] [LOT]

SECTION B

(24 × 10 = 240 Marks)

25. Explain Behaviorism and its contribution to modern psychology.[CO1] [Unit 1] [Understand] [LOT]
26. Analyze the significance of Functionalism as a School of Psychology. [CO1] [Unit 1] [Analyze] [HOT]
27. Describe the Experimental Method in Psychology. [CO1] [Unit 1] [Understand] [LOT]
28. Evaluate the major theoretical perspectives on Defense Mechanisms. [CO3] [Unit 6] [Evaluate] [HOT]
29. Summarize the major Branches of Psychology. [CO1] [Unit 1] [Remember] [LOT]

30. Analyze psychosomatic problems associated with Stress. [CO3] [Unit 5] [Analyze] [HOT]
31. Interpret developmental stages during Childhood and Adolescence. [CO1] [Unit 2] [Understand] [LOT]
32. Evaluate the role of Heredity and Environment in Development. [CO1] [Unit 2] [Evaluate] [HOT]
33. Explain physiological changes associated with Emotion. [CO2] [Unit 3] [Understand] [LOT]
34. Describe the differences between Sensation and Perception. [CO2] [Unit 3] [Understand] [LOT]
35. Discuss the major Theories of Learning. [CO2] [Unit 4] [Understand] [LOT]
36. Describe verbal and performance intelligence tests. [CO2] [Unit 4] [Understand] [LOT]
37. Explain effective strategies for Learning. [CO2] [Unit 4] [Understand] [LOT]
38. Describe different types of Conflicts. [CO3] [Unit 5] [Understand] [LOT]
39. Analyze key Leadership styles and their influence on group behaviour. [CO4] [Unit 7] [Analyze] [HOT]
40. Illustrate major Defense Mechanisms with examples. [CO3] [Unit 6] [Understand] [LOT]
41. Discuss factors influencing Personality Development. [CO3] [Unit 6] [Understand] [LOT]
42. Describe tools used in the Measurement of Personality. [CO3] [Unit 6] [Understand] [LOT]
43. Describe Democratic and Authoritarian Leadership. [CO4] [Unit 7] [Understand] [LOT]
44. Explain the process of Attitude Change. [CO4] [Unit 7] [Understand] [LOT]
45. Discuss major Psychotherapy Techniques. [CO4] [Unit 8] [Understand] [LOT]
46. Explain the concept of Body Awareness in Physiotherapy. [CO4] [Unit 8] [Understand] [LOT]
47. Describe Aggression and its management. [CO4] [Unit 8] [Understand] [LOT]

48. Discuss Self-Image and its psychological implications. [CO4] [Unit 8] [Understand] [LOT]

SECTION C

(12 × 20 = 240 Marks)

49. Critically assess how Psychological Principles contribute to effective Physiotherapy practice? [CO1] [Unit 1] [Analyze] [HOT]
50. Appraise the relevance of major developmental theories in explaining human behaviour. [CO1] [Unit 2] [Evaluate] [HOT]
51. Examine the interplay between Emotion and Motivation in clinical treatment settings. [CO2] [Unit 3] [Analyze] [HOT]
52. Critically evaluate how Perceptual processes influence patient assessment and clinical judgment. [CO2] [Unit 3] [Evaluate] [HOT]
53. Investigate the application of Learning theories in developing therapeutic skills. [CO2] [Unit 4] [Analyze] [HOT]
54. . Review the strengths and limitations of various Intelligence assessment tools. [CO2] [Unit 4] [Evaluate] [HOT]
55. Explore the impact of Stress and Conflicts on patient recovery and rehabilitation. [CO3] [Unit 5] [Analyze] [HOT]
56. Critically appraise the significance of Defense Mechanisms in understanding patient behaviour. [CO3] [Unit 6] [Evaluate] [HOT]
57. Investigate how Personality traits influence rehabilitation outcomes in clinical practice? [CO3] [Unit 6] [Analyze] [HOT]
58. Evaluate the contribution of Leadership practices to enhancing therapeutic team performance. [CO4] [Unit 7] [Evaluate] [HOT]
59. Examine the determinants that shape Attitude formation among health professionals. [CO4] [Unit 7] [Analyze] [HOT]
60. Appraise the therapeutic value of Body Awareness techniques in physiotherapy rehabilitation. [CO4] [Unit 8] [Evaluate] [HOT]

Summary Sheet:

Course Outcome Wise

Course Outcome	Question No.	Marks
CO 1	1–6, 25–29, 31, 49–50	150
CO 2	7–12, 33–37, 51–54	150
CO 3	13–16, 21–22, 28, 30, 38, 40–42, 55–57	150
CO 4	17–20, 23–24, 39, 43–48, 58–60	150
	Total	600

Unit Wise

Unit	Question No.	Marks
1	1–4, 25–29, 49	80
2	5–6, 31–32, 50	50
3	7–8, 33–34, 51–52	70
4	9–12, 35–37, 53–54	90
5	13–14, 21, 30, 38, 55	55
6	15–16, 22, 28, 40–42, 56–57	95
7	17–18, 39, 43–44, 58–59	80
8	19–20, 23–24, 45–48, 60	80
	Total	600

BTL Wise

BTL	Question No.	Marks
LOT	1–24, 25, 27, 29, 31, 33–38, 40–48	310
HOT	26, 28, 30, 32, 39, 49–60	290
	Total	600

Prepared By: Dr. Kashfi Naaz

Disclaimer: - This is a Practice Set. The Question in End term examination will differ from the Practice set. This Practice set is meant for practice only.